

FOR MANAGERS ONLY

# Read Me

Your guide to all the company news that matters this week.

## 1 NEED-TO-KNOW



### Goal setting starts tomorrow.

Make sure to log in over the next two weeks to document your goals for 2025 — and remind your team members to set their goals, too.

Don't forget to keep them SMART (specific, measurable, attainable, relevant and time-bound).

## 2 GOOD-TO-KNOWS



### Join the manager book club.

This month, we're reading Brené Brown's *Dare to Lead*. Finish it up by March 15 and be sure to register for the live discussion on April 1.



### Use your free EAP sessions for a mental health check in.

Therapy is right — even when nothing's wrong. Regular mental health check-ins can help build resilience and emotional strength.